

# June 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Milk* (Age 1: Whole milk; Age 2+: 1% milk)</p>				<p><b>1- Breakfast:</b> Mini wheats, clear berry juice and milk*</p> <p><b>Lunch:</b> Kielbasa on whole grain roll, French fries, peaches and milk*</p> <p><b>PM Snack:</b> Whole grain Triscuits &amp; milk*</p>
<p><b>4- Breakfast:</b> Kix cereal, V8 juice and milk*</p> <p><b>Lunch:</b> Hot dog on whole grain roll, baked beans, fruit cocktail and milk*</p> <p><b>PM Snack:</b> Whole grain apple cinnamon rice cakes &amp; milk*</p>	<p><b>5- Breakfast:</b> Rice Krispies, bananas and milk*</p> <p><b>Lunch:</b> Shepherd's pie, whole grain buttered bread, pears and milk*</p> <p><b>PM Snack:</b> Whole crackers with cheese &amp; milk*</p>	<p><b>6- Breakfast:</b> Whole grain toast with fruit spread and milk*</p> <p><b>Lunch:</b> Grilled cheese on whole grain bread, tomato soup, carrots, crackers, pineapples and milk*</p> <p><b>PM Snack:</b> Chocolate chip oatmeal crisps &amp; milk*</p>	<p><b>7- Breakfast:</b> Cinnamon Chex, cucumbers and milk*</p> <p><b>Lunch:</b> Whole grain cheese ravioli with meat sauce, tossed salad, applesauce and milk*</p> <p><b>PM Snack:</b> Oranges &amp; milk*</p>	<p><b>8- Breakfast:</b> Whole grain blueberry muffin and milk*</p> <p><b>Lunch:</b> Pork BBQ on whole grain roll, sweet potato fries, mandarin oranges and milk*</p> <p><b>PM Snack:</b> Whole grain wheat thins &amp; milk*</p>
<p><b>11- Breakfast:</b> Chex cereal, V8 juice and milk*</p> <p><b>Lunch:</b> Chicken patty on whole grain roll, mixed vegetables, peaches and milk*</p> <p><b>PM Snack:</b> Whole grain fig newton's &amp; milk*</p>	<p><b>12- Breakfast:</b> Cheerio's, strawberries and milk*</p> <p><b>Lunch:</b> Meatloaf, mashed potatoes, whole grain buttered bread, corn, fruit cocktail and milk*</p> <p><b>PM Snack:</b> Cheese sticks &amp; milk*</p>	<p><b>13- Breakfast:</b> Puffed wheat cereal, cauliflower and milk*</p> <p><b>Lunch:</b> Cheesesteak on whole grain roll, peas, pears and milk*</p> <p><b>PM Snack:</b> Yogurt &amp; milk*</p>	<p><b>14- Breakfast:</b> Whole grain cinnamon apple muffin, carrots and milk*</p> <p><b>Lunch:</b> Goulash with whole grain noodles &amp; meat sauce, tossed salad, pineapples and milk*</p> <p><b>PM Snack:</b> Bananas &amp; milk*</p>	<p><b>15- Breakfast:</b> Special K cereal, strawberries and milk*</p> <p><b>Lunch:</b> Hamburg tacos with lettuce, cheese, tomato, whole grain tortilla chips, applesauce and milk*</p> <p><b>PM Snack:</b> Whole grain cereal mix &amp; milk*</p>
<p><b>18- Breakfast:</b> Life cereal, V8 juice and milk*</p> <p><b>Lunch:</b> Turkey &amp; cheese on whole grain roll, baked beans, mandarin oranges and milk*</p> <p><b>PM Snack:</b> Whole grain soft pretzels &amp; milk*</p>	<p><b>19- Breakfast:</b> Rice Krispies, raspberry juice and milk*</p> <p><b>Lunch:</b> Baked ham, whole grain scalloped potatoes, corn, peaches and milk*</p> <p><b>PM Snack:</b> Whole grain oatmeal bars &amp; milk*</p>	<p><b>20- Breakfast:</b> Blueberry Chex cereal, celery and milk*</p> <p><b>Lunch:</b> Whole grain French toast, sausage links, orange juice, fruit cocktail and milk*</p> <p><b>PM Snack:</b> Whole grain sun chips &amp; milk*</p>	<p><b>21- Breakfast:</b> Mini wheats, grapes and milk*</p> <p><b>Lunch:</b> Chicken alphabet soup, sweet bologna &amp; cheese on whole grain bread, crackers, pears, and milk*</p> <p><b>PM Snack:</b> Apples &amp; milk*</p>	<p><b>22- Breakfast:</b> Whole grain blueberry muffin, veggie chips and milk*</p> <p><b>Lunch:</b> Chili with whole grain crackers, cornbread, pineapples and milk*</p> <p><b>PM Snack:</b> Whole grain granola bars &amp; milk*</p>
<p><b>25- Breakfast:</b> Cheerio's, V8 juice and milk*</p> <p><b>Lunch:</b> Ham &amp; cheese on whole grain roll, mixed veggies, applesauce and milk*</p> <p><b>PM Snack:</b> Whole grain nutri grain bars &amp; milk*</p>	<p><b>26- Breakfast:</b> Kix cereal, fruit punch and milk*</p> <p><b>Lunch:</b> Chicken with whole grain rice, broccoli, mandarin oranges and milk*</p> <p><b>PM Snack:</b> Grapes &amp; milk*</p>	<p><b>27- Breakfast:</b> Whole grain toast with fruit spread and milk*</p> <p><b>Lunch:</b> Whole grain pizza, green beans, peaches and milk*</p> <p><b>PM Snack:</b> Whole grain strawberry oatmeal bars &amp; milk*</p>	<p><b>28- Breakfast:</b> Chex cereal, apples and milk*</p> <p><b>Lunch:</b> Fish sticks, whole grain macaroni &amp; cheese, corn, fruit cocktail and milk*</p> <p><b>PM Snack:</b> Carrots &amp; celery with dip &amp; milk*</p>	<p><b>29- Breakfast:</b> Rice Krispies, tangerine juice and milk*</p> <p><b>Lunch:</b> Chicken nuggets, whole grain buttered noodles, glazed carrots, pears and milk*</p> <p><b>PM Snack:</b> Whole grain animal crackers &amp; milk*</p>