

July 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2- Breakfast: Honey bunches of oats cinnamon cereal, V8 juice and milk*</p> <p>Lunch: Hot dog on whole grain roll, baked beans, pineapples and milk*</p> <p>PM Snack: Whole grain pretzels & milk*</p>	<p>3- Breakfast: Whole grain blueberry muffin, cauliflower and milk*</p> <p>Lunch: Chicken pot pie with whole grain noodles, broccoli, applesauce and milk*</p> <p>PM Snack: Whole grain crackers with cheese & milk*</p>	<p>4- CCC CLOSED!</p> 	<p>5- Breakfast: Cheerio's, strawberry kiwi juice and milk*</p> <p>Lunch: Tator tot casserole, whole grain buttered bread, mandarin oranges and milk*</p> <p>PM Snack: Oranges & milk*</p>	<p>6- Breakfast: Whole grain toast with fruit spread and milk*</p> <p>Lunch: Chicken noodle soup with whole grain noodles, sweet bologna & cheese on whole grain bread, carrots, crackers, peaches and milk*</p> <p>PM Snack: Whole grain Triscuits & milk*</p>
<p>9- Breakfast: Life cereal, V8 juice and milk*</p> <p>Lunch: Pizza burger with cheese on whole grain roll, peas, fruit cocktail and milk*</p> <p>PM Snack: Whole grain apple cinnamon rice cakes & milk*</p>	<p>10- Breakfast: Rice Krispies, bananas and milk*</p> <p>Lunch: Shepherd's pie, whole grain buttered bread, pears and milk*</p> <p>PM Snack: Cheese stick & milk*</p>	<p>11- Breakfast: Kix cereal, celery and milk*</p> <p>Lunch: Grilled cheese on whole grain bread, tomato soup, carrots, crackers, pineapples and milk*</p> <p>PM Snack: Yogurt & milk*</p>	<p>12- Breakfast: Whole grain apple cinnamon muffin and milk*</p> <p>Lunch: Lasagna with whole grain noodles, cheese & meat sauce, tossed salad, applesauce and milk*</p> <p>PM Snack: Bananas & milk*</p>	<p>13- Breakfast: Special K cereal, fruit punch and milk*</p> <p>Lunch: Kielbasa on whole grain roll, French fries, mandarin oranges and milk*</p> <p>PM Snack: Whole grain wheat thins & milk*</p>
<p>16- Breakfast: Kix cereal, V8 juice and milk*</p> <p>Lunch: Chicken patty on whole grain roll, mixed vegetables, peaches and milk*</p> <p>PM Snack: Whole grain fig newton's & milk*</p>	<p>17- Breakfast: Chex blueberry cereal, grapes and milk*</p> <p>Lunch: Broccoli & cheese soup, chicken salad sandwich on whole grain roll, fruit cocktail and milk*</p> <p>PM Snack: Whole grain Chez-it crackers & milk*</p>	<p>18- Breakfast: Mini wheats cereal, carrots and milk*</p> <p>Lunch: Cheesesteak on whole grain roll, corn, pears and milk*</p> <p>PM Snack: Whole grain cereal mix & milk*</p>	<p>19- Breakfast: Honey bunches of oats cereal, berry juice and milk*</p> <p>Lunch: Ham loaf, whole grain macaroni & cheese, glazed carrots, pineapples and milk*</p> <p>PM Snack: Grapes & milk*</p>	<p>20- Breakfast: Whole grain blueberry muffin and milk*</p> <p>Lunch: Beef BBQ on whole grain roll, smiley fries, applesauce and milk*</p> <p>PM Snack: Whole grain granola bars & milk*</p>
<p>23- Breakfast: Cheerio's cereal, V8 juice and milk*</p> <p>Lunch: Turkey & cheese on whole grain roll, baked beans, mandarin oranges and milk*</p> <p>PM Snack: Whole grain soft pretzels & milk*</p>	<p>24- Breakfast: Life cereal, cucumbers and milk*</p> <p>Lunch: Chicken with whole grain rice, peas, peaches and milk*</p> <p>PM Snack: Carrots & celery with dip & milk*</p>	<p>25- Breakfast: Puffed wheat cereal, raspberries and milk*</p> <p>Lunch: Whole grain pancakes, sausage links, orange juice, fruit cocktail and milk*</p> <p>PM Snack: Whole grain strawberry oatmeal bars & milk*</p>	<p>26- Breakfast: Whole grain toast with fruit spread, broccoli and milk*</p> <p>Lunch: Whole grain fish sticks, whole grain macaroni & cheese, corn, pears and milk*</p> <p>PM Snack: Apples & milk*</p>	<p>27- Breakfast: Honey bunches of oats honey roasted cereal, orange juice and milk*</p> <p>Lunch: Chicken nuggets, whole grain buttered noodles, glazed carrots, pineapples and milk*</p> <p>PM Snack: Whole grain animal crackers & milk*</p>
<p>30- Breakfast: Chex cereal, V8 juice and milk*</p> <p>Lunch: Whole grain pizza, green beans, applesauce and milk*</p> <p>PM Snack: Whole grain nutri grain bars & milk*</p>	<p>31- Breakfast: Mini wheats cereal, bananas and milk*</p> <p>Lunch: Baked chicken pie with whole grain topping, mandarin oranges and milk*</p> <p>PM Snack: Whole grain sun chips & milk*</p>		<p>Milk* (Age 1: Whole milk; Age 2+: 1% milk)</p>	